# THE MICROBES THAT CAUSE **FLESH-EATING DISEASE AND HOW DEADLY THEY ARE**



### **The Microbes That Cause Necrotizing Fasciitis** (Flesh-Eating Disease)

#### **GRAM-POSITIVE BACTERIUM**

- Resistant to almost all available antibiotics
- No outer lipid membrane



- **Group A Streptococci** Most common cause of necrotizing fasciitis
- Commonly carried in the nose, throat, and on skin



- **Staphylococcus Aureus** The second most common cause of necrotizing fasciitis
- Commonly carried in the nose and on skin
- Generally cause boils and food poisoning, but it's a major source of hospital infections and can cause



- Enterococci A less common cause of necrotizing fasciitis, complications usually occur in the abdomen
- Commonly causes

Causes strep throat, but when it penetrates the body, it can lead to flesh-eating disease

flesh-eating disease

Methicillin-resistant staphylococcus aureus (MRSA) is the deadliest form

infections in the urinary tract, or in the lining of the heart, digestive system, or brain

#### **GRAM-NEGATIVE BACTERIUM**

- Increasingly resistant to many drugs and antibiotics
- Has an outer lipid membrane that adds extra protection, making it difficult to penetrate



- **Escherichia Coli** Often found in the large intestine where Usually found in the it prevents harmful bacteria from establishing
- When outside of the large intestine, it can cause food poisoning or an infection that could lead to necrotizing fasciitis



Klebsiella Pneumoniae human gastrointestinal tract.

It most commonly causes urinary tract infections, pneumonia, bacteremia, and, on rare occasions, necrotizing fasciitis.



Prevotella Usually found in the mouth, female genitals, and digestive tract

Commonly causes respiratory tract infections and periodontal diseases, and can lead to necrotizing gingivitis.



Pseudomonas Aeruginosa Commonly found on the skin

- Causes skin infections, pneumonia, and numerous other types of infections.
- Not a common cause of necrotizing fasciitis and is more likely to occur in someone with an immunodeficiency



Vibrio vulnificus Lives in saltwater and enters through a skin injury or by eating raw or undercooked infected seafood.

#### **ANAEROBES**

Bacteria that can live in an environment without oxygen



**Bacteroides** Commonly found in the mouth, intestines, and genitals

Fights harmful pathogens, but if it enters the skin through a perforation it can lead to necrotizing fasciitis.



Clostridium Perfringens



**Clostridium Septicum** 



**Clostridium Sordellii** 

Found in human and animal intestines, and in soil.

Causes numerous issues such as food poisoning, cellulitis, or fasciitis; and has been known to cause necrotizing fasciitis and gas gangrene on rare occasions.





Mucoralean fungi

- Commonly found on moldy bread; as well as in soil, manure, or decomposing organic matter
- Can cause a serious fungal infection of the skin or around the sinuses that can form into necrotizing fasciitis

#### **The 4 Types of Necrotizing Fasciitis**

#### **TYPE I INFECTION**

- Polymicrobial: combination of Gram-positive, Gram-negative, and anaerobic microbes
- Typically affects older people with a comorbidity, immunodeficiency, or infection
- Occuring together with streptococcal toxic shock syndrome (TSS) accelerates the speed and deadliness of the disease
- Mortality 20-40%

#### **TYPE II INFECTION**

- Monomicrobial: caused by group A streptococci, can occur with or without a coexisting staph infection
- Commonly affects young, healthy adults with a recent trauma or operation
- **Mortality >32%**
- **TYPE III INFECTION**
- Caused by Vibrio vulnificus
- Rare type of infection, most commonly found in the Gulf of Mexico
- **Mortality 30-40%**

#### **TYPE IV INFECTION**

- **Fungal** in nature, caused by the Mucoralean fungi
- Very rare type of infection
- Mostly affects those with immunodeficiency or traumatic wounds
- Mortality >47%

#### **How Flesh-Eating Microbes Can Enter the Body**



#### **Percent of Flesh-Eating Disease-related Deaths by Age**



Medical Conditions Associated With Flesh-Eating Disease Deaths in the United States



Sources:

www.rarediseases.org/rare-diseases/necrotizing-fasciitis/ www.webmd.com/skin-problems-and-treatments/necrotizing-fasciitis-flesh-eating-bacteria www.ncbi.nlm.nih.gov/pmc/articles/PMC5725950/ www.academic.oup.com/bjaed/article/12/5/245/289288 www.en.wikipedia.org/wiki/Necrotizing\_fasciitis www.mdcalc.com/lrinec-score-necrotizing-soft-tissue-infection

## NYRequirements.com